

Spaulding physical education teachers Mr. Wojciechowicz and Mr. Sator welcome students back from the summer! We are looking forward to a great year of learning and fun in our PE classes.

Get ready for PE class each day by having gym shoes that stay at school. Practice tying those shoes at home so you can be prepared for action. Have some socks handy in case you have not worn socks to school. PE class will be either indoors in the gym or outside on the grass. Dress comfortably for school knowing that you will be moving around in PE class. Students K-2 have daily physical education for 25 minutes.

Our PE classes give students the chance to move around, learn about the human body, participate in group activities, challenge their bodies and work to respect all their classmates. Safety is extremely important in our class. Rules and behaviors are taught early to ensure safety and enjoyment in the class.

The class will be fun with the games and moving around, but we want the students to feel that they are in a place of learning. Objectives for each class are stated as well as considerations to make the class safe. We encourage parents to ask their student “ What did you LEARN in PE today?” when asking about your child’s day at school. We will often incorporate math and literacy into our classes. We collaborate with other teachers in the school to give well-rounded lessons to our students.

Our main goal is to give the students a place where they can challenge their bodies through movement and thought. We teach children to respect each other and themselves, be kind to each other and give a great effort. We are not looking to create world-class athletes, more importantly, to create world class kids.

We enjoy seeing returning faces and welcome new students to Spaulding School!