



D56 Nutritionized Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| 10/1 10/29 11/26 12/24 | 10/2 10/30 11/27 12/25 (closed) | 10/3 10/31 11/28 12/26 | 10/4 11/1 11/29 12/27 | 10/5 11/2 11/30 12/28 |
|--|---|--|--|---|
| Meatballs ~ Marinara Sauce Rofini Pasta Broccoli Apple WG House-Made Dinner Roll* | Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla* | Macaroni & Cheese Cucumber Slices ~ Ranch Dip Honeydew WG House-Made Bread* | Chicken ~ BBQ Sauce Corn Orange WG House-Made Bread* | Cheese Ravioli in Marinara Sauce* Tossed Salad ~ Italian Dressing Watermelon WG House-Made Bread* |
| 10/8 11/5 12/3 12/31 | 10/9 11/6 12/4 | 10/10 11/7 12/5 | 10/11 11/8 12/6 | 10/12 11/9 12/7 |
| Crispy Chicken* QC Vegetable Blend Orange WG House-Made Dinner Roll* | Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Spanish Brown Rice* Banana Corn Tortilla Chips | NEW! Meatloaf ~ Beef Gravy NEW! Mashed Cauliflower Carrot Coins Cantaloupe WG House-Made Bread* | WG Pancakes* & Chicken Sausage ~ Syrup Diced Sweet Potatoes Apple | Chicken Patty Sandwich* ~ BBQ Sauce NEW! Tater Tots Honeydew WG House-Made Bun* |
| 10/15 11/12 12/10 | 10/16 11/13 12/11 | 10/17 11/14 12/12 | 10/18 11/15 12/13 | 10/19 11/16 12/14 |
| Chicken Chili** Rofini Pasta Cauliflower Apple WG House-Made Dinner Roll* | Chicken Quesadilla* Southwestern Salad Banana | Sloppy Joe Steamed Rice Broccoli Watermelon WG House-Made Bun* | NEW! WG Waffles* & Chicken Sausage ~ Syrup Herbed Potatoes Pear | Macaroni & Cheese Fresh Broccoli ~ Ranch Dip Cantaloupe WG House-Made Bread* |
| 10/22 11/19 12/17 | 10/23 11/20 12/18 | 10/24 11/21 12/19 | 10/25 11/22 (closed) 12/20 | 10/26 11/23 (closed) 12/21 |
| Chicken Nuggets* ~ BBQ Dip Green Beans Orange WG House-Made Dinner Roll* | Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla* | Meatballs ~ BBQ Sauce Broccoli Pineapple WG House-Made Corn Bread* | Cheesy Potato & Turkey Ham Casserole 3 Way Vegetable Blend Apple WG House-Made Bread* | Buttered Noodles ~ Chicken Carrot Coins Pear WG House-Made Bread* |

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Courtney Burrows, MBA, RDN, LDN

(*) Denotes item is whole grain

Menus are subject to change

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