



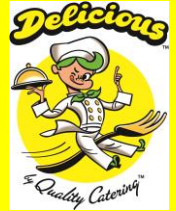
D56-Allergy Menu

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by our Registered Dietitian

(*) Item is **WHOLE GRAIN**. Menus are subject to change.

www.deliciousdaycaremeals.com



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/30 10/28 11/25 12/23	10/1 10/29 11/26 12/24	10/2 10/30 11/27 12/25(Closed)	10/3 10/31 11/28(Closed) 12/26	10/4 11/1 11/29(Closed) 12/27
Chicken & Rice Bake QC Vegetable Blend Green Peas Orange	Italian Chicken (no cheese) Gluten Free Pasta Carrot Coins Broccoli Banana	Red Beans & Rice Green Beans 3 Way Vegetable Blend Cantaloupe Corn Tortilla Chips	Beef Tacos Shredded Lettuce Spanish Black Beans Peas & Carrots Apple Corn Tortilla	Sloppy Joe Winter Blend Vegetables Cauliflower Pear Corn Tortilla
10/7 11/4 12/2	10/8 11/5 12/3	10/9 11/6 12/4	10/10 11/7 12/5	10/11 11/8 12/6
Italian Chicken (no cheese) Gluten Free Pasta Broccoli 3 Way Vegetable Blend Apple	Chicken Tacos Shredded Lettuce Southwest Bean Salad Corn Orange Corn Tortilla	Chicken & Gravy Gluten Free Pasta Mashed Cauliflower Carrot Coins Watermelon	Beefy Marinara Gluten Free Pasta QC Vegetable Blend Broccoli Pineapple	Chicken Tacos Shredded Lettuce Broccoli QC Vegetable Blend Honeydew Corn Tortilla
10/14 11/11 12/9	10/15 11/12 12/10	10/16 11/13 12/11	10/17 11/14 12/12	10/18 11/15 12/13
Beefy Marinara Gluten Free Pasta Carrot Coins Cauliflower Orange	Beef Nachos Shredded Lettuce Refried Beans Peas & Carrots Banana Corn Tortilla Chips	Chicken Chili** Gluten Free Pasta Broccoli QC Vegetable Blend Honeydew	BBQ Chicken Mashed Cauliflower Corn Orange Corn Tortilla	Chicken & Rice Bake Carrot Coins Green Beans Watermelon
10/21 11/18 12/16	10/22 11/19 12/17	10/23 11/20 12/18	10/24 11/21 12/19	10/25 11/22 12/20
BBQ Beef Peas & Carrots Green Beans Apple Corn Tortilla	Beef Tacos Shredded Lettuce Spanish Black Beans Winter Blend Vegetables Banana Corn Tortilla	Beef Chili** Gluten Free Pasta Carrot Coins Cauliflower Pineapple	Sloppy Joe Herbed Potatoes 3 Way Vegetable Blend Pear Corn Tortilla	Beefy Marinara Gluten Free Pasta Green Beans Carrot Coins Cantaloupe

