



# District 56 PTO My Hot Lunch Regular Menu

PUBLISHED ON:  
AUGUST 7, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/27 9/24 Meatballs ~ Marinara Sauce Rotini Pasta Broccoli Orange WG House-Made Dinner Roll	8/28 9/25 Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla	8/29 9/26 Macaroni & Cheese <b>NEW!</b> California Blend Cantaloupe WG House-Made Bread	8/30 9/27 Crispy Chicken Spanish Brown Rice Diced Carrots Apple	8/31 9/28 WG House-Made Cheese Pizza Cucumber Slices ~ Ranch Dip Watermelon
9/3  <b>Holiday</b>	9/4 Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla	9/5 QC Griddle Sandwich Pancakes & Chicken Sausage American Cheese ~ Syrup Herbed Potatoes Honeydew	9/6 Turkey Hot Dog ~ Ketchup WG Pasta Salad Green Beans Pear Hot Dog Bun	9/7 Cheese Ravioli in Marinara Sauce Tossed Salad ~ House-Made Italian Dressing Cantaloupe WG House-Made Bread
9/10 Macaroni & Cheese Cauliflower Orange WG House-Made Dinner Roll	9/11 Chili Turkey Hot Dog WG Macaroni & Cheese California Blend Banana Hot Dog Bun	9/12 Turkey & Cheese Wrap ~ Honey Mustard Shredded Lettuce Coleslaw Pear WG Soft Flour Tortilla	9/13 Chicken Nuggets ~ BBQ Sauce Broccoli Apple WG House-Made Bread	9/14 Cheesy Potato & Ham Casserole Green Peas Pineapple WG House-Made Bread
8/20 9/17 Buttered Noodles ~ Chicken Green Peas Apple WG House-Made Dinner Roll	8/21 9/18 Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Spanish Brown Rice Banana Corn Tortilla Chips	8/22 9/19 Hamburger Au Jus American Cheese ~ Ketchup Broccoli Pineapple WG House-Made Bun	8/23 9/20 Chicken Quesadilla Southwest Salad Orange	8/24 9/21 Macaroni & Cheese Cucumber Slices ~ Ranch Dip Honeydew WG House-Made Bread

 No school  
  Half Day of School  
  Early Dismissal  
  Holiday

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### Customer Service

Phone: (847) 356 - 7513 Fax: (847) 356 - 8014

Email: [d56@qcforkids.com](mailto:d56@qcforkids.com)

[www.myhotlunchprogram.com](http://www.myhotlunchprogram.com)

Our chicken is 100% Natural, no artificial ingredients, no artificial colors, no preservatives.  
Menu provided by Quality Catering approved by Courtney Burrows, MBS, RDN, LDN

- Menus are subject to change.



# District 56 PTO My Hot Lunch Substitution Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/27 9/24	8/28 9/25	8/29 9/26	8/30 9/27	8/31 9/28
Macaroni & Cheese Broccoli Orange WG House-Made Dinner Roll	Chili Turkey Hot Dog WG Macaroni & Cheese Green Beans Banana Hot Dog Bun	Popcorn Chicken ~ BBQ Sauce <b>NEW!</b> California Blend Cantaloupe WG House-Made Bread	Chicken Nachos Shredded Cheddar Cheese Sour Cream Spanish Brown Rice Diced Carrots Apple Corn Tortilla Chips	<b>SPECIAL!</b> Sloppy Joe Cucumber Slices ~ Ranch Dip Watermelon WG House-Made Bun
9/3	9/4	9/5	9/6	9/7
 <b>Holiday</b>	Turkey Hot Dog ~ Ketchup WG Pasta Salad Diced Carrots Banana Hot Dog Bun	Chicken Nuggets ~ BBQ Sauce Herbed Potatoes Broccoli Honeydew	Beef Nachos Shredded Cheddar Cheese Sour Cream Spanish Brown Rice Green Beans Pear Corn Tortilla Chips	<b>SPECIAL!</b> Hamburger Au Jus ~ Ketchup Tossed Salad ~ House-Made Italian Dressing Cantaloupe WG House-Made Bun
9/10	9/11	9/12	9/13	9/14
<b>NEW!</b> Beef Picadillo Steamed Rice Cauliflower Orange WG House-Made Dinner Roll	Meatballs ~ Marinara Sauce Rotini Pasta California Blend Banana WG House-Made Bread	Chicken Tenders ~ BBQ Sauce Coleslaw Pear WG House-Made Bread	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Broccoli Apple WG Soft Flour Tortilla	<b>SPECIAL!</b> Beef Chili Rotini Pasta Green Peas Pineapple WG House-Made Bread
8/20 9/17	8/21 9/18	8/22 9/19	8/23 9/20	8/24 9/21
Macaroni & Cheese Green Peas Apple WG House-Made Dinner Roll	Turkey Hot Dog ~ Ketchup WG Pasta Salad Green Beans Banana Hot Dog Bun	Popcorn Chicken ~ BBQ Sauce Broccoli Pineapple WG House-Made Bread	Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Southwest Salad Orange WG Soft Flour Tortilla	<b>SPECIAL!</b> Turkey & Cheese Wrap Shredded Lettuce ~ Mustard Cucumber Slices ~ Ranch Dip Honeydew WG Soft Flour Tortilla

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# District 56 PTO Allergy Menu

Gluten, Soy, Wheat, Dairy, Egg, Fish, Shellfish, Nut, Tree Nut Free

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8/27 9/24	8/28 9/25	8/29 9/26	8/30 9/27	8/31 9/28
Italian Style Chicken (no cheese) Gluten Free Pasta Broccoli Carrot Coins Orange	Beef Tacos Shredded Lettuce Spanish Black Beans Green Beans Banana Corn Tortilla	Red Beans & Rice <b>NEW!</b> California Blend Cauliflower Cantaloupe	BBQ Chicken Mashed Potatoes Diced Carrots Apple Corn Tortilla	Sloppy Joe Green Beans 3-Way Vegetable Blend Watermelon Corn Tortilla
9/3	9/4	9/5	9/6	9/7
 <b>Holiday</b>	Chicken Tacos Shredded Lettuce Spanish Black Beans Diced Carrots Banana Corn Tortilla	Chicken & Gravy Herbed Potatoes Broccoli Honeydew	Chicken Chili** Gluten Free Pasta Green Beans Cauliflower Pear	BBQ Beef Peas & Carrots Broccoli Cantaloupe Corn Tortilla
9/10	9/11	9/12	9/13	9/14
<b>NEW!</b> Beef Picadillo Steamed Rice Cauliflower Green Beans Orange	Beefy Marinara Gluten Free Pasta Broccoli California Blend Banana	Turkey Wrap ~ Mustard Shredded Lettuce QC Vegetable Blend Carrot Coins Pear Corn Tortilla	BBQ Chicken Diced Sweet Potatoes Broccoli Apple Corn Tortilla	Chicken & Rice Bake Green Peas 3-Way Vegetable Blend Pineapple
8/20 9/17	8/21 9/18	8/22 9/19	8/23 9/20	8/24 9/21
Chicken & Gravy Mashed Potatoes Corn Apple	Beef Nachos Shredded Lettuce Refried Beans Green Beans Banana Corn Tortilla Chips	Beefy Marinara Gluten Free Pasta Broccoli Diced Carrots Pineapple	Chicken Quesadilla (no cheese) Southwestern Salad QC Vegetable Blend Orange Corn Tortilla	Turkey Wrap ~ Mustard Shredded Lettuce Carrot Coins California Blend Honeydew Corn Tortilla

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